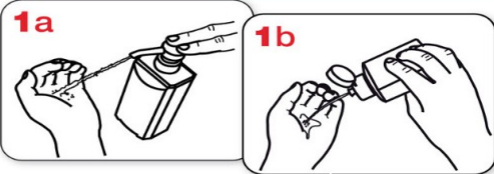




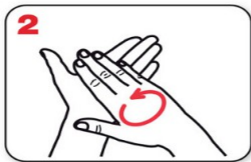
# Clean your hands

## How to handrub?

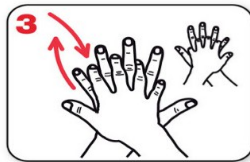
WITH 60%-95% ALCOHOL-BASED FORMULATION



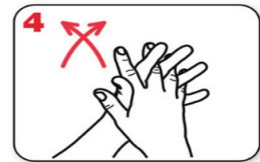
Apply a palmful of the product in a cupped hand and cover all surfaces.



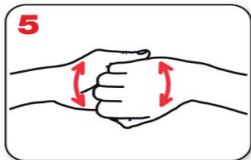
Rub hands palm to palm



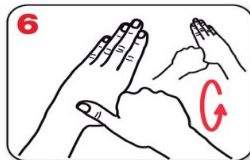
right palm over left dorsum with interlaced fingers and vice versa



palm to palm with fingers interlaced



backs of fingers to opposing palms with fingers interlocked



rotational rubbing of left thumb clasped in right palm and vice versa

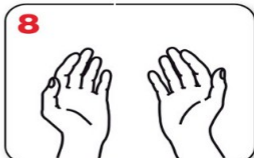


rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa

**Having clean hands reduces the spread of diseases like COVID-19**



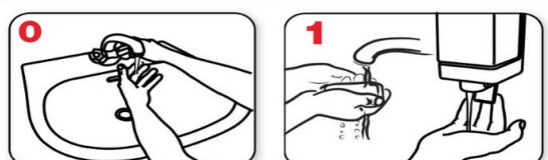
20-30 sec



...once dry, your hands are safe.

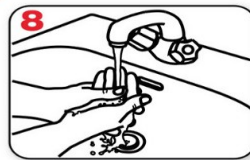
## How to handwash?

WITH SOAP AND WATER

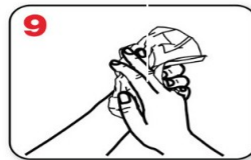


Wet hands with water

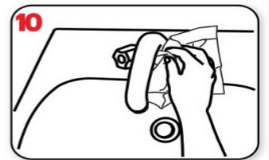
apply enough soap to cover all hand surfaces.



rinse hands with water



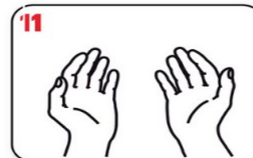
dry thoroughly with a single use towel



use towel to turn off faucet



40-60 sec



...and your hands are safe.